

THE PLC FOCUS

The Positive Living Center Newsletter

P.O. Box 2127 Oakhurst, CA 93644 (559) 642-4616 Fax (559) 683-

Special points of interest:

- Calendar of events P - 2 - 5
- Heard on the Street P - 6
- Members Contributions ... P - 7 - 8
- Classes & other happenings ... P - 9 -14
- What and where to Recycle ... P -15
- Jenna & Betty talk aboutP - 17

The Hand That Rocks The Cradle

By Rev. Angelo Pizelo

This month we focus on not only the glorious gift that has been given to us in the form of our mothers, but also, the spiritual significance of motherhood and womanhood in general.

It has been said that the golden opportunity that we all seek is in ourselves. It is not in the environment, it is not in luck or chance, or in the assistance of others. It is in us.

What makes the month of May so precious is the fact that when we look at the characteristics of the "self" we find that what makes the "self" whole and complete is not only the "directive" part of our human nature, the male, but also the female, that part of us that is giving, loving, nurturing, and forgiving.

Our mothers model this and exemplify this spiritual significance of wholeness, oneness, and completeness. Through our mother's example of unconditional giving of self, we are provided the metaphysical solution to every problem, every negative circumstance or condition.

When we open our hearts to this profound love energy, we become awesome creators experiencing spontaneous activities and healings that move us well beyond our limited physical capabilities. We move, in consciousness, to the dimension of pure intelligence, wisdom and infinite possibilities.

In this consciousness of unconditional giving, nothing contrary to this love nature can survive and our lives are empowered and enriched with dynamic circumstances, situations and relationships.

Here is a poem that illustrates all this. "They say that man is mighty, he governs land and sea. He wields a mighty scepter, o'er lesser powers that be. But a mightier power and stronger, Spirit in the Universe hath hurled, for the hand that rocks the cradle, is the hand that rules the world."

Our mothers show us the way, and for this we are eternally grateful.

And So It Is

May Speakers

May 4

Speaker: Rev. Angelo Pizelo

May 11

Speaker: Rev. Marie Lane

May 18

Speaker: Rev. Bob Hand

May 30

Speaker: Rev. Jenny Evans

June Speakers

June 1

Speaker: Rev. Angelo Pizelo

June 8

Speaker: Rev. Bob Hand

June 15

Speaker: Rev. Marie Lane

June 22

Speaker: Rev. Linda Angel

June 29

Speaker: Rev. Jeff Hartwig

July Speakers

July 6

Speaker: Rev. Marie Lane

July 13

Speaker: Rev. Angelo Pizelo

July 20

Speaker: Rev. Jenny Evans

July 27

Speaker: Rev. Bob Hand

August Speakers

August 3

Speaker: Rev. Angelo Pizelo

August 10

Speaker: Rev. Marie Lane

August 17

Speaker: Rev. Bob Hand

August 24

Speaker: Rev. Angelo Pizelo

August 31

Speaker: Rev. Jeff Hartwig

PLC HAPPENINGS

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 11 A.M. EFT	2 7 P.M. Flute Circle See page 14	3
4 10 A.M. Speaker: Rev. Angelo	5 Bake Sale on Mother's Day. See Page 10	6 7 P.M. Discussion night at PLC	7 6:30 P.M. Reiki	8 11 A.M. EFT	9	10 Visioning Workshop See page 11
11 10 A.M. Speaker: Rev. Marie	12	13 7 P.M. Discussion night at PLC	14 6:30 P.M. Reiki	15 11 A.M. EFT	16 Meditation Retreat Begins See page 12	17
18 10 A.M. Speaker: Rev. Bob	19	20 7 P.M. Discussion night at PLC	21 6:30 P.M. Reiki	22 11 A.M. EFT	23	24
25 10 A.M. Speaker: Rev. Jenny	26	27 7 P.M. Discussion night at PLC	28 6:30 P.M. Reiki	29 11 A.M. EFT	30	31

PLC HAPPENINGS

June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10 A.M. Speaker: Rev. Angelo	2	3 7 P.M. Discussion night at PLC	4 6:30 P.M. Reiki	5 11 A.M. EFT	6	7
8 10 A.M. Speaker: Rev. Bob	9	10 7 P.M. Discussion night at PLC	11 6:30 P.M. Reiki	12 11 A.M. EFT	13	14
15 10 A.M. Speaker: Rev. Marie	16	17 7 P.M. Discussion night at PLC	18 6:30 P.M. Reiki	19 11 A.M. EFT	20	21
22 10 A.M. Speaker: Rev. Linda	23	24 7 P.M. Discussion night at PLC	25 6:30 P.M. Reiki	26 11 A.M. EFT	27	28
29 10 A.M. Speaker: Rev. Jeff	30					

Dinner & Dancing
See page 13

7 P.M. Flute Circle See
page 14

Medicine Wheel Ceremony
See page 14

PLC HAPPENINGS

July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7 P.M. Discussion night at PLC	2 6:30 P.M. Reiki	3 11 A.M. EFT	4	5
6 10 A.M. Speaker: Rev. Marie	7	8 7 P.M. Discussion night at PLC	9 6:30 P.M. Reiki	10 11 A.M. EFT	11	12
13 10 A.M. Speaker: Rev. Angie	14	15 7 P.M. Discussion night at PLC	16 6:30 P.M. Reiki	17 11 A.M. EFT	18	19
20 10 A.M. Speaker: Rev. Jenny	20	22 7 P.M. Discussion night at PLC	23 6:30 P.M. Reiki	24 11 A.M. EFT	25	26
27 10 A.M. Speaker: Rev. Bob	28	29 7 P.M. Discussion night at PLC	30 6:30 P.M. Reiki	31 11 A.M. EFT		

**7 P.M. Flute Circle
See page 14**

**5th Tuesday is
Movie Night
To be announced**

PLC HAPPENINGS

August 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 10 A.M. Speaker: Rev. Angelo	4	5 7 P.M. Discussion night at PLC	6 6:30 P.M. Reiki	7 11 A.M. EFT	8	9
10 10 A.M. Speaker: Rev. Marie	11	12 7 P.M. Discussion night at PLC	13 6:30 P.M. Reiki	14 11 A.M. EFT	15	16
17 10 A.M. Speaker: Rev. Bob	18	18 7 P.M. Discussion night at PLC	20 6:30 P.M. Reiki	21 11 A.M. EFT	22	23
24 10 A.M. Speaker: Rev. Angelo	25	26 7 P.M. Discussion night at PLC	27 6:30 P.M. Reiki	28 11 A.M. EFT	29	30
31 10 A.M. Speaker: Rev. Jeff						

**7 P.M. Flute Circle
See page 14**

Members' Contributions

HEARD ON THE STREET

By Maggi B B

I mentioned last month that **Cheryl Obrien** was back in town. I knew things would start popping once she was back in circulation. I spent the weekend with she and **Liane Daniels** at the Agape Revelations Conference in LA last week. We had a fab time and it is something I would recommend to anyone wanting to have fun, dance, sing, clap, spread and receive joy and hear some amazing speakers. This time we were able to see and hear David Hawkins. Of course we have been studying his books in JoAnn's classes for a couple of years and he's quite feeble now so we were indeed blessed.

I learned Cheryl has taken over the production of the **GATHERING OF THE TRIBES** which was started by **Rhiannon** who left us for Hermann, Missouri where she owns and operates the B&B Iron Horse Inn. Gathering of the Tribes features dancers, singer and instruments from many tribal cultures and best of all it benefits The Boys and Girls Club of Oakhurst. Dates, places and times will be given later.

Cheryl is also offering all kinds of healing treatments, massage, and various therapies which she has organized as "Treatment Parties". Invite three friends who want healing treatments and the host gets hers or his free. What an opportunity for someone who needs a glorious Cheryl massage, reiki or color therapy! Call Cheryl if that appeals to you. 559-760-0112

Some of us PLCers (aka Possibilitarians) were talking with **Mike Cook** about bartering, and the concept of Pay-It-Forward and such things....it dawned on me that **TJ EMBRY** has a few cars, pickups and trucks that she wants to sell or better yet trade one for a small car to commute to work. Why not give her a call if you have a suitable commute car and need a substantial truck or pickup??? You just might be able to make a win win deal!!

559-658-MULE.

Rev. Maggi BB signing off for this month. See you in September. Have a glorious, fun packed summer filled with love and light.

Members' Contributions

STREAMING-SOUL THOUGHTS

BY T J Emry

As I step back and look down on just another event, another life time, I see it as a play with an ending still unwritten.

Choices – of which eye (I) see through mind – I can use to direct the pen.

Ego mind, human eyes, to see the outside appearances or the truth? Being.

I am with the understanding that it's only a stage in which we are all performing a play, a classroom where we are learning what isn't real truth or who we really are.

Only a place where we have stepped into a character role, with all the props to match: past experiences (illusions), beliefs of who we are (told by others), surrounding stage (appearances), future (wants – received outside of us, only to want more from a tomorrow that never comes).

As I am willing to see through these eyes that are lifted, removed from, as if I was looking down from the front row of a balcony – I feel the energy of the outer appearance, as each act is performed. Yet I see the inner light smiling – the center of each character – or maybe I feel this Being with an understanding; no words need be attached.

I see myself in and out of the drama awareness – awakening to – it isn't who I am.

It's where I've followed the illusions for this character to give . . . to receive, all being good.

As I step back even further I now see not only the stage, but the whole playhouse with all the seats taken – the balcony softly aglow.

Stepping back further, I feel – not yet see – but knowing that there are many stages – many doorways in which to walk through – endless possibilities in which to create – to perform – always giving.

Back even further – the illusion becomes life particles – releasing their hold, their attachment to the other – not unlike a jet stream in a clear blue sky as the air allows each to flow with its own life force – watching – witnessing as even this illusion – appearance of being separate – drops its cloak – to Be all One – as It has always been.

Members' Contributions

HOW TO STAY YOUNG

1. Try everything twice. On Madam's tombstone (of Whelan's and Madam) she said she wanted this epitaph: Tried everything twice...loved it both times!
2. Keep only cheerful friends. The grouches pull you down. (Keep this in mind if you are one of those grouches.)
3. Keep learning: Learn more about the computer, crafts, gardening, whatever. Never let the brain get idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's!
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath. And if you have a friend who makes you laugh, spend lots and lots of time with HIM/HER.
6. The tears happen: Endure, grieve, and move on. The only person who is with us our entire life, is ourselves. LIVE while you are alive.
7. Surround yourself with what you love: Whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, even to the next county, to a foreign country, but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.
11. Forgive now those who made you cry. You might not get a second time.

Classes, Study Groups and Other Happenings

EVERY TUESDAY NIGHT 7 p.m. AN ON-GOING SPIRITUAL DISCUSSION

Every Tuesday night is “an event” as Rev. Angie often states about our gatherings. We will attempt to make announcements regarding what’s happening on these nights, so look for the I-Focus to arrive by e-mail (if you’ve signed up). Because our members are individual in their viewpoints with strong beliefs, these meetings are interesting, mentally stimulating, and often down-right rambunctious. All community members are invited to attend. Join us Tuesday nights at 7:00.

Facilitators are Rev. Dr. Angelo Pizelo and staff.

For more information: 559/642-4616

WEDNESDAY NIGHT 6:30 p.m. (ongoing) REIKI

The wonderful tool of Reiki is available to the public every Wednesday night in the sanctuary. Practitioners help re-charge you with spiritual energy that flows to each part of your life, causing healing at all levels - spiritual, mental, emotional and physical. Please take advantage of this service when any part of your life is out of alignment. A donation to the building fund would be appreciated.

Facilitators: Bill and Betty Fleming

For information call 559/ 683-2274

THURSDAY 11:00 a.m. - 2:00 p.m. (ongoing)

“EFT “(EMOTIONAL FREEDOM TECHNIQUE)

This is an on-going workshop that meets every week. You will get a FREE demonstration and be able to practice EFT, a simple powerful process that can be of great benefits for your emotional, mental and physical well-being. It is easy, effective and produces amazing results. “EFT offers great healing benefits”, says Deepak Chopra, MD.

Facilitators: Betty Fleming, RsP, and Dr. Izabel Sonia Ganz

SUNDAY 1:00 p.m. - 2:00 p.m. (ongoing)

POETS IN THE PINES - Poetry Class

This is an on-going workshop that meets every week. You will be able to read your own works for others to critique and receive guidance is you desire it, or just come and enjoy. Poetry is soul-nurturing, so join us, please.

Facilitator: Dr. Izabel Ganz & Mary Lee Gowland

Classes, Study Groups and Other Happenings

Bake Sale

To Benefit the PLC Building Fund

After Church

Mother's Day

Sunday May 11, 2008

Sign up with Rev. Linda

to donate a baked item!

Or Call for more information :641-5980

The PLC Focus Newsletter Editors

will be taking the summer months off!

May will be the last newsletter until September; however, Rev. Linda Angel will be continuing our calendar, so get all your summer announcements to her by the 15th of the month before. It's been a pleasure doing the letter — and it will be again — after a short break. Thank you.

Classes, Study Groups and Other Happenings

Visioning Workshop

Saturday May 17, 2008

9am - Noon

Learn Group Visioning Techniques

Catch Spirit's plan for our Church Community

Facilitated by Rev. Linda Angel

Only \$20

RSVP to Rev. Linda 641-5980

By Rev. Angelo Pizelo

Affirmation for 2008

I create in 2008 the fresh, the new and the beautiful- an abundant life experience. I am the creative process and I take full responsibility for my life by anticipating success, by imagining the new, and the beautiful with patience. I choose to open my heart and mind to the inspiration that flows from the dimension of all possibilities. I let it be so and so it is. This affirmation embraces the four components and qualities of an abundant life experience: **Anticipation, Imagination, Waiting & Letting.**

Classes, Study Groups and Other Happenings

MEDITATION RETREAT : A Note from Joanne

Dear Meditators:

Hi, again. I hope your lives are happy and fulfilled and that daily meditation is regular. (Those two go together, you know.)

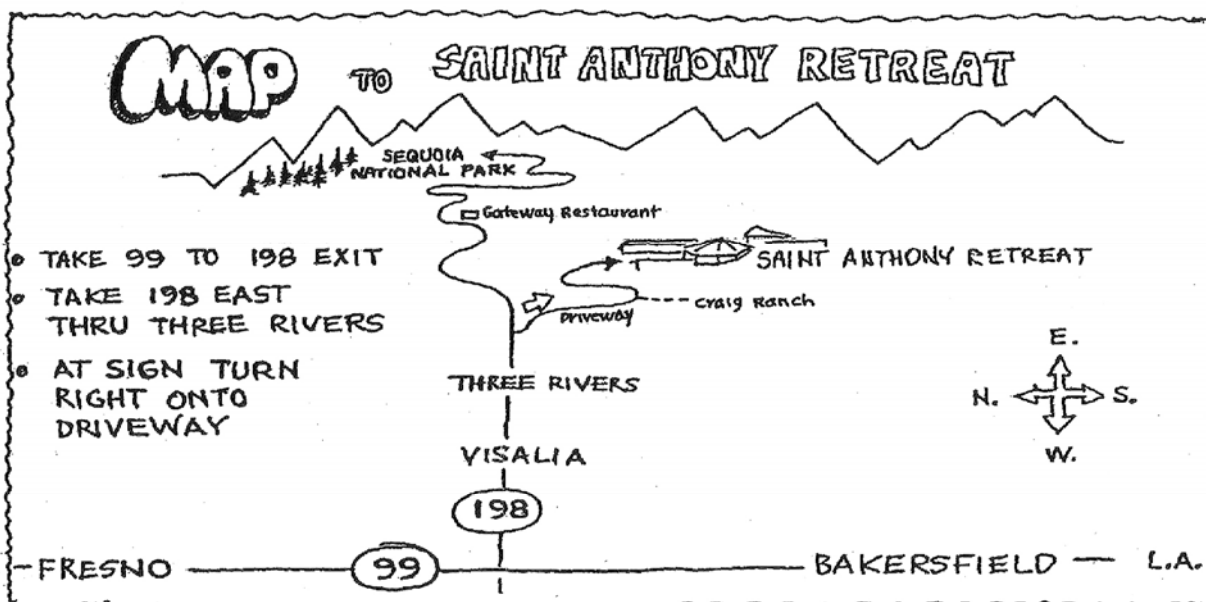
Our annual meditation retreat is scheduled for Memorial Day Weekend. What better way to honor our deceased ones. The date is **May 24-26, Saturday through Monday**. We're going to St. Anthony's Retreat Center in Three Rivers. They are such nice people and have given us a great price! There are peaceful, lovely grounds and, I hear, good food. They will even give us vegetarian if desired.

We will stay Saturday and Sunday nights, arriving by at least 4:00 p.m. on Saturday and leaving after lunch on Monday. Their price for two nights, double occupancy, including 6 meals is \$146.00. There will also be a course fee of \$75.00 for the Positive Living Center. The deposit needed is \$46.50. I have room at this point for 10 people. If you know who you would like to have as a roommate, write that on the bottom of your check, and I will arrange it. If not, I can choose a roommate for you.

Our reason for an annual retreat is to meditate more than we can safely do at home, thereby clearing out the extra stress in our nervous systems that the daily meditation didn't catch.

We have some really fun optional suggestions from Elaine Wright for our trip up and our trip home. This is her favorite weekend routine. On the way up, stop in Exeter to see all the beautiful murals all over the town on the buildings and then have lunch at the Wildflower Café, a charming flower-surrounded place with a special boutique next door. On the way home, there is always Reimer's ice cream chalet hanging out over the river. Further on down the road, out in the Visalia countryside is a must-see, Good Goods antiques, Estate of Victorian houses and a red barn full of antiques and such.

Oh, you have to come! Please come! With all my love, Joanne 222-8307



When you see the Chevron station in Three Rivers, you will have 2.4 miles to go before you turn right at the St. Anthony Retreat sign.

Classes, Study Groups and Other Happenings

Dinner and Dancing

Under the Stars

With The New Earth Band

Friday June 6, 2008

6:00pm to 10:00pm

at Laurie B. Ballard's Beautiful Home

Only \$20.00 Per Person

Includes:

Grilled Margarita Chicken

Southwest Caesar Salad

Red Potato Salad

Four Bean Salad

Dessert

Water and Coffee

WINE, BEER, AND MARGARITAS AVAILABLE

AT A NO HOST BAR

Raffle Drawing, Tarot Card and Psychic Readings

Lots of Fun, Friends, and Food

All proceeds go to

The Positive Living Center Building Fund.

Help us build our new church!

RSVP and Tickets call 683-2000

Classes, Study Groups and Other Happenings

Medicine Wheel Ceremony

Join Rev. Linda Angel and Rick Dunlap

For a Native American Medicine Wheel Ceremony

On the Summer Solstice

Saturday June 21, 2008

10:00am - Noon

Followed by a Pot Luck Salad Lunch

Under the trees on Rick and Linda's property

47786 Road 620

Call for directions

641-5980

Flute Circle meets the 3rd Thursday of each month

We continue to grow , learn and share. Occasionally we play simultaneously and/or with accompaniment. The sound of a dozen or more flutes playing in accord is something you don't want to miss. Join us the 3rd Thursday of each month. There are always extra flutes if you don't have one or aren't quite sure, yet. We stay for an hour or more. Love donation for the Building Fund is appreciated.

Classes, Study Groups and Other Happenings

RECYCLE . . . RECYCLE . . . RECYCLE . . . RECYCLE

Recycle your bottles and cans and earn \$\$\$ for the building fund.

We have registered **Positive Living Center** with the new recycle center in Coarsegold. What this means is you can take your recyclable materials to them and tell them it is for PLC. They will weigh it and write down the amount on a sheet. You initial it. It will add up if we all do this. Periodically they will add 15% to our accumulated total and PLC will receive a check.

ANDERSON RECYCLE CENTER

35442 HYWAY 41, DOWNTOWN COARSEGOLD, CA

(559) 683-7990

PRICES PAID FOR RECYCLE MATERIAL AS OF JANUARY 1, 2007

<u>Aluminum Cans (s/w)</u>	<u>\$1.55/lb</u>
<u>Glass (s/w)</u>	<u>.102/lb</u>
<u>BiMetal Cans (s/w)</u>	<u>.38/lb</u>
PLASTICS (s/w):	
<u>#1 PETE (soda water etc)</u>	<u>.89/lb</u>
<u>#2 HDPE (water, juice etc)</u>	<u>.51/lb</u>
<u>#3 PVC (juice)</u>	<u>.56/lb</u>
<u>#4 LDPE (juice)</u>	<u>2.21/lb</u>
<u>#5 PP (juice)</u>	<u>.55/lb</u>
<u>#6 PS (juice)</u>	<u>3.88/lb</u>
<u>#7 OTHER (juice)</u>	<u>.51/lb</u>

PER COUNT UP TO (50) CONTAINERS: .05/ea

They take paper, magazines & newspapers,
They **DO NOT** take cardboard or Styrofoam.

More of What's What

EMERSON THEOLOGICAL INSTITUTE

As the educational arm of ANTN (Affiliated New Thought Network) of which the Positive Living Center is a member, Emerson Theological Institute's vision is to awaken people to empowering Universal Principles and provide the instructional resources that will facilitate the development of healthy relationships, spiritual communities and the realization of potential.

To accomplish its vision, Emerson's core curriculum embraces the spiritual philosophy of the presence of God in humankind and the power of right thinking. It emphasizes the existence of One Life, One Mind, One Power, One Presence, in, as, and through all creations.

PROGRAMS OFFERED:

- ◆ Personal Growth
- ◆ Ministerial Credential
- ◆ Practitioner Credential
- ◆ Bachelor of Religious Studies
- ◆ Masters of Religious Studies
- ◆ Doctor of Religious Studies
- ◆ Doctor of Divinity

We're on the Web

www.emersoninstitute.ed

We are fortunate here at the Positive Living Center to have such a wide variety of personalities among our Practitioners. We have quiet ones, loud ones, laughing ones, and serious ones. They come in assorted sizes, genders, ages, and backgrounds. But what they all have in common is that they are highly trained and dedicated to helping YOU.

How do they do that? They absolutely know the Universe is perfect Life, perfect Harmony, perfect Love. They work from this knowledge in Mind so your requests and healing will be unfolded in your life. No challenge is too big or too small. Try it yourself. Phone or personal treatment is available for a fee from a licensed practitioner. Or take advantage - at no charge - of a Licensed Practitioner after Sunday service. Intern Practitioners are available and do not charge fees.

PLC practitioners are listed to the right.

RELIGIOUS SCIENCE

PRACTITIONERS

Rev. JoAnn Burgess

559 222-8307

Sandee Scott-Archer

559 760-1058

Rev. Sandy West

559 877-3775

Rev. Sheyla Cook

559 760-1502

Rev. Angelo Pizelo

559 642-4616

Rev. Maggi Butterfield-Brown

Rev. Dr. Rozella Dudley

Rev. Dr. Janna Lewis

Betty Fleming, M.Rs.P.

Rev. Jeff Hartwig

Rev. Alan Lagunoff

Dr. Connie Thomas

Rev. Linda Angel Gonzales

INTERN-PRACTITIONERS

Kanya Ellington

Vivian Capote

Kim Haley

Janna & Betty talk about

Vibrational Energy

Janna: It looks like you and I are alone this month, Betty, what with Mary gallivanting all over the country. After all of our recent conversations about humans being purely vibrational energy, and all that energy being One and the same energy, I realized that in some way, I must be gallivanting all over the country right along with Mary. Do you see it that way? How do you think that works?

Betty: Oy vey! You've just presented me with another Calvin Moment (head spinning, eyes crossed!!! Like Calvin in the Calvin & Hobbs comic.) ;-) I think you're right that in *some way* we are all gallivanting all over the country with Mary!!! Scientists have taken pictures of an atom in two places *at the same time*, and they have taken twin atoms and separated them by great distance then changed the spin on one and found that the other atom's spin changed at the very same time without being touched! That tells me that below the surface, what we think we see is not necessarily so, that despite what we see with our eyes, we are all connected at the most basic, fundamental levels. Not to mention that in our treatments we say that there is only One Mind, so we must be part of that One Mind, and It encompasses *everything*!! But when my logical mind tries to grasp the experience of being right there with Mary, it's like when I gaze up at the night sky and ponder what is out there beyond the stars....Oh My! I feel dizzy!!!! How 'bout you?

Janna: The whole concept makes me dizzy – but for some reason, I love it. What you say about the scientific pictures points to the idea of what is often referred to as *out of body experiences*. If a person is lying on a bed and also is “hovering” overhead, watching themselves lying on a bed (and it's not a sleep-dreaming experience), then a wonderful explanation would be the scientific theory of split atoms reacting/experiencing the same thing at the same time. We've all heard of people who can be sitting in Minneapolis or Salt Lake City and “see” something happening to a friend in Toronto or San Antonio. Psychics can often describe events taking place somewhere else. I believe if we tried or were taught, we all could. But maybe that's for my next sci-fi existence – or better yet,

Continued on following page

Rev. Mary Elliott, a Master Religious Science Practitioner, is a prior member of PLC and is now residing in Oregon.
Janna Lewis is a Doctor of Religious Studies, Minister of Religious Science, and a Master Religious Science Practitioner at PLC.
Betty Fleming is a Master Religious Science Practitioner at PLC.

Transformation - dialogue

Continued from previous page.

maybe I still have time to learn here and now. Mary's travels caused me to think a little deeper. I sent her an e-mail wishing her a great journey and added "Sorry, I can't be with you right now, but I'll be with you in spirit." It's something we say so often without giving it much thought. I caught myself thinking of that phrase after reading your last dialogue. If we are pure spirit and spirit is vibrational energy, and there are no barriers between one vibration and the next except for the intensity of the vibration, then I truly am with Mary in spirit – there is no other way to be. I think it's like you say, the problem is in trying to grasp the concept that we can be right here and at the same time, right there, also. Do you suppose being physical individuals trying to experience "Oneness" is even possible?

Betty: That is a very good question! After reading *The Life and Teachings of the Masters of the Far East*, I would say yes it is possible. But I'm not sure how they got to that point. But coming from this point, right here and now, I have a hard time trying to even imagine how I would be able to live and interact with this world if I was in that "altered state" of Oneness all the time. It is such a powerful and immense experience, how would I be able to function on the 3D level? And yet our minds don't really have to understand because we are already in Oneness and everywhere at the same time. We just don't realize it with these minds. But..... sitting here, reaching out with my feelings and with my mind, and with something else that is indefinable, I have the sense that I AM one with All That Is. I can feel it right here inside me. (My, but it's crowded in here!!!) So this leads me to believe that even though my mind can't really put a box around it, I am experiencing Oneness on other levels of being that I can actually know/feel. So doesn't it all come down to mind? It is our mind that puts the box around us, and limits us, and colors all that we see with it's interpretations of "reality" when in reality we are already One. Our mind is a filter of sorts, so that we can't see what really is. What is your take on that, Janna?

Janna: I think that being in that "altered state" is probably why these visionaries live very remote, isolated lives. I recall something Yogananda wrote in his *Autobiography of a Yogi*. He advised taking time away from the "outside" world to contemplate the "inside" world of Oneness. If you could not (or didn't wish to live in a monastery, then,

Continued on following page

Transformation - dialogue

Continued from previous page.

at least take meditation retreats for the sole (soul) purpose of growing ever closer to the Truth of who we really are. He felt that we needed to give up aspects of the physical life periodically in order to grow in awareness of our True Nature. He called it Self-Realization. He was so attuned to his own True Nature that he had only to go inward to instantly *be* that oneness. He was so at-one that he openly chose his time of transition and simply sat down and closed his eyes. He so easily moved between realities – perhaps keeping a hold in both for a while - that his body lay for viewing for 30 days without embalming. But we must recognize, even with someone as advanced as he was that there were two different worlds in which he chose to live – physical and spiritual. We are told they are the same and the only difference is our perception. That hits a ‘truth’ note for me. We’ve all had moments in which we felt we were definitely ‘somewhere else’. Often we talk of something inside us, and as you mentioned, it feels “crowded in here”. It would be crowded if, in fact, it was inside us. But I think we are inside of It. When viewed that way, Oneness is still an overwhelming concept, but no longer crowded – and certainly attainable through a change in perception, don’t you think?

Betty: I think it's an even more overwhelming concept because I believe that we are both inside It and at the same time It is inside us. If, as scientists say, there is only one unified energy field that is everywhere in its fullness and is undivided, then we are part of that and therefore not separate from anything *because there is no separation*. If it is all ONE, then only our sense perceptions tell us that there is a separation between us and everything else. Only our senses see an inside and an outside, a here and there, a me and a you. So in *reality*, we are gallivanting all over the country with Mary, but our senses tell us differently. And I think we will, until we reach levels of Yogananda-like enlightenment, have to content ourselves with those brief experiences of oneness that we may have as we do our work to open, expand and raise our consciousness, which will in turn expand our minds so we can actually wrap our brains around this idea!!!

Janna: Well said. I think what you have expressed is the excitement, wonder and joy of the yet unknown as well as the peace, joy and wonder of the Now. What I mean is - everything is perfect just as it is. We have nothing to fix. Even our awareness of our next step will come when it's time - and not a moment sooner. Have a great summer. See you in September.

Member Services

Painting ~ Plumbing ~ Electrical ~ and More

RICK'S REPAIR SERVICES
Home ~ Commercial ~ Ranch

Rick Dunlap
Repair Professional



(559) 360-8808

**GRAPHIC DESIGNS
AND LAYOUTS**

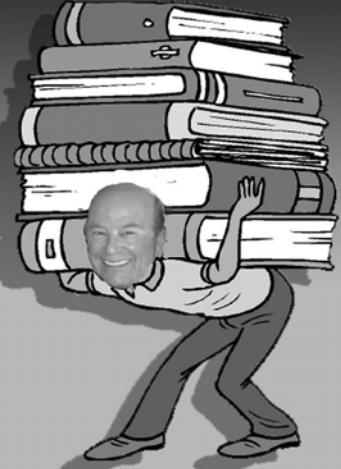
JANNA'S JAZZ
Phone: 559 760-0310
E-mail: jannalewis@sti.net



Logos ~ Letterheads ~ Websites ~ Photos fixed ~ Resumes and more.

BOOKS OF WORTH

We
Buy
Sell
& Trade!



Rare - Used - Collectibles

Byron Lewis, Owner
Phone: (559) 760-0598
e-mail: byronlewis@sti.net

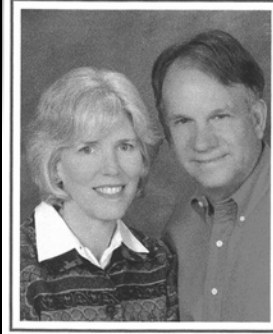
ADVERTIZE YOUR BUSINESS RIGHT HERE! RIGHT NOW!

Expand your business and share your experience with your PLC family and other community members by advertising in our monthly Newsletter.

You can run a business-card sized ads for \$5 a month – *payable in 5-month increments of \$25*. If you would like a larger ad, quarter-page size will be available for \$10 a month – *payable in 5 month increments of \$50*. We can help design the ad if you want the larger size. A one time fee of \$10 will be charged for design work. Contact Janna (jannalewis@sti.net) or AnnaDell (annadellwhite@yahoo.com) if you are interested!

RAISE THE CONSCIOUSNESS OF YOUR BUSINESS AND SHARE THE WEALTH.

ALL proceeds go to
the PLC Building Fund.



Dave & Victoria Williams
Realtors

**COLDWELL
BANKER**

Premier Real Estate

QUESTIONS? contact us:
daveoakhurst@yahoo.com

559-676-5287
559-658-9716

See:
daveandvictoria.com

**YOUR AD SHOULD
BE HERE!
GIVE US A CALL.**