

THE POWER OF YOUR MIND

By Janna Lewis

Are you aware of how many ‘self-help’ books are out there – all dealing with the power of the mind? I was amazed when I pulled up Amazon.com (a computerized one-stop-shopping-store) and put in the search-word ‘mind-power’ linked with ‘self-help books’. I received about 300 hits. There were books on changing your body with the use of your will. There were books on creating wealth through mental thought. There were even books on creating a better *mind* through the proper use of your mind.

I took a look through our book cases at home - of which we have at least one in every room, and I found things like *Think and Grow Rich*, *The Magic of Mind Power*, and the newest one that I recently purchased from the PLC Mind Shop, *The Secrets of a Millionaire Mind* by Eker, which is by far the best of the lot. (**See Connie Thomas’s Class coming up this month on this one. It should be great.**) What surprised me was that none of these books were necessarily ‘spiritual’ in content. Don’t misunderstand me; there are many wonderful spiritual books dealing with mind-power, books like *Creative Visualization*, *Conscious Loving*, *The Science of Mind*, and *Creative Mind*, etc. But the fact is that there are far, far more non-spiritual books published on the power of the mind than there are spiritual books. Why is that?

Why are these authors afraid to attribute the exact power that they are using to its exact Source? Why are they touting the amazing qualities of our minds to accomplish all these amazing feats – including writing and publishing a book that is making them very wealthy - and not giving credit where it’s due? When I put this question *out there* (into Mind) for an answer, many suggestions came back to me. I heard (in **my** mind) things like, “*They may not know there is another aspect of their own mind.*” Or, “*They may not care where their own mind gets its power.*” Or, the worst scenario yet, “*They may know, but are afraid that by using the **G-word** they will turn off their paying public.*”

Now, although that last thought may be the closest to their real reason, and thereby be the biggest offender, it is patently not true. Knowing the source of our power can **ONLY** be more empowering. I will repeat that. **KNOWING THE SOURCE OF OUR POWER CAN ONLY BE MORE EMPOWERING.**

When I had my own CPA firm and had other accountants and clerks working for me, I often had to teach the principles of accounting – even to those accountants who had already finished their schooling. I found that until a worker knew **WHY** a particular accounting principle worked they often made mistakes. Although accounting is an exact science, the principles can be incorrectly applied unless the person applying them knows **WHY** they work a certain way.

The same is true with Spiritual Mind Principles. We already believe that prayer works. We can call it by other names, Spiritual Mind Treatment or Spiritual Prayer Treatment, but the principle is the same: Whatever we put into Mind (Spirit, Mind of God, The All, God by any other name) is exactly manifested back to us. What we get is an exact reflection of what we put in. We learn this through our classes, through our Sunday Talks, through the books we read, through our experiences, through our meditations, and finally, if we’re lucky, we ‘get it’. (Actually that’s not just luck, but it is a whole other story for another day.) So, now we are armed with this blazing awareness that what we think into Mind comes back to us. Why does this happen?

To put it very simply – **MIND IS ALL THERE IS.** There is one Mind (as in One God). That one Mind is God’s Mind. We believe that we are God, individualized. That is to say that God is in us, as us. It could be no other way; if God (Mind) is All That Is, then It must be us, also. We believe that God creates out of Its Own Mind, therefore, as we think our thoughts (remember, we are individualized-God thinking these thoughts), there can only be one outcome. Our thoughts (thought with the individualized mind of God) can go nowhere except back into the one Mind (since Mind is All That Is), and that Mind, being pure Creation has only One purpose

which is to Create - that which It puts into It.

This is the story the big “power” brokers don’t tell us in their *how-to* books. And that is the reason why their methods often work - a little bit, for a little while. They often have wonderful tools for ridding our minds of old garbage so we can put in their new concepts and ideas. But how much more powerful those tools would be if they were linked with the knowledge of where the power of our minds comes from. How fewer would be our ‘mis-takes’ if, along with the tools of reprogramming given to us by all these authors, we remembered and held on to the biggest and best tool of all - that our mind is the individualized Mind of God. We are God working at the level of Janna, Joe, Nancy, Mary and Angelo.

The next time you read a one of those books, remind yourself that the ideas presented will work even better now that **you know the Source of your Mind-Power.**