

*A course in miracles has been a wonderful gift to me and in reading it here is an affirmation I appreciate:*

***“With FAITH comes TRUTH which provides PEACE. When you accept truth as the ultimate goal, you become a giver of peace. Give as you have received.”***

*Shared by Jacque Stringer*

*May I be filled with loving kindness.*

*May I be well*

*May I be peaceful and at ease.*

*May I be happy.*

*May **YOU** be filled with loving kindness.*

*May you be well.*

*May you be peaceful and at ease.*

*May you be happy.*

*May **WE** be filled with loving kindness.*

*May we be well.*

*May we be peaceful and at ease.*

*May we be happy.*

*--Ancient Buddhist blessing*

*Shared by Sandee Scott*

*God is perfect, complete and whole, which means we are too !*

*You are magnificent, you make the world a better place .*

*You are the only one of your kind , which makes you unique !*

*God is , therefore you are , and all is well .*

*Shared by Rev Joe Bull*

## *God's love fills my soul.*

*How to Use the Laws of Mind*  
Joseph Murphy  
Page 117

## *I am One with All of Spirit.*

*5 Steps to Freedom*  
John Waterhouse  
Page 73

*Shared by John LaLonde*

*The desire to experience and enjoy the human drama requires that we remember who and what we are during all our human experiences.*

*We have often heard the phrase that we are "human beings having a spiritual experience." The truth of our beingness runs counter to that statement and emphasizes the fact that we are "Eternal Spiritual Beings having a human experience."*

*Therefore, the Spiritual Presence that we are is superior to all situations, circumstances, and conditions that confront us during our journey.*

*Keeping this truth of our Spiritual Presence and Power in mind as we experience the challenges of the human drama will empower us to enjoy the trip.*

*When we focus our attention on helping others, we are literally helping ourselves. The idea that the wellbeing of others is somehow separate from ours is contrary to the truth of our being.*

*We are eternally spiritual beings, and this oneness of spirit cannot be divided.*

*We are "one" with the Divine Presence, with God itself.*

*We need to keep this as a "focus of thought" when we do prayer treatments.*

*Revs Angie & Stella Pizelo*

*I am  
filled with Gratitude  
for all I have received  
from Source God.*

*I am  
continuously Blessed  
through the Love  
of Source.*

*Lovingly Shared by Rev Sandy West*

**1. I AM A GIFT**

*I am a gift to the world. When I lead with kindness and love. I create a ripple effect that benefits more people than I'll ever know. My presence, my knowledge, and my passions contribute to the greater good of the world. I am a gift.*

**2. I AM ALIVE**

*I honor my life by letting go, dancing, singing, and feeling the fullness of my joyful energy. I am my true self when I am having fun. I am alive.*

**3. I AM WHOLE**

*I am perfectly created. I am a wonderfully unique individual. Every lesson I have learned, every risk I have taken, and every achievement I have made contributed to who I am. Because of that, I am whole.*

**4. I AM PASSIONATE**

*I put my entire heart into the people and things I believe in. My passion is a powerful force; it is an eternal fuel. I recognize the strength of my passion and therefore I am careful where I choose to focus it. I am passionate.*


**5. I AM AWARE**

*When I pay attention to my surroundings, I can feel appreciation for everything. I see so much beauty in the world. Being aware means living in the present and fully experiencing my life in the here and now. I am aware.*

*Shared by Rev Brenda Negley*

*We are here on this journey to re-remember who we really are, a portion of Great Spirit is filling us with the joys of life. Our job is to accept all the gifts Creator offers.*

*~ Judy Morningstar*

*One day someone is going to HUG you so tight, that all of your broken pieces fit back*  
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*We all have pasts.*

*We all made choices that maybe weren't the best ones.*

*None of us are completely innocent but, we all get a fresh start every day to be a better person than we were yesterday.*

*Love and Light  
Rev Dr Judy DeRosa*

*Everyone and Everything Is Spirit! I See how It shines as You and I feel the radiance in me, too.*

*Love is God. God is Love.*

*- Ernest Holmes*

*I am Grateful for the Blessings of this life – Life as It Is – for the mystery, the lessons, and every single awakening.*

*Shared By Rev Lujuana “Lj” Bull*